

Botanical Name: *Rosa indica* (Linn.)

Family: Rosaceae

Genus: *Rosa*

Sindhi Name: Gulaab



Rosa indica

Description of *Rosa indica*:

A **rose** is a perennial flower shrub or vine of the genus *Rosa*, within the family Rosaceae, that contains over 100 species and comes in a variety of colours. The species form a group of erect shrubs, and climbing or trailing plants, with stems that are often armed with sharp prickles. Most are native to Asia, with smaller numbers of species native to Europe, North America, and northwest Africa. Natives, cultivars and hybrids are all widely grown for their beauty and fragrance. The leaves are alternate and pinnately compound, with sharply toothed oval-shaped leaflets. The plant's fleshy edible fruit, which ripens in the late summer through autumn, is called a rose hip. Rose plants range in size from compact, miniature roses, to climbers that can reach 7 meters in height. Species from different parts of the world easily hybridize, which has given rise to the many types of garden roses.

Medicinal Uses of *Rosa indica* in Sindh:

Buds and petals are used for the removal of gal bladder and kidney stone and flowers are use against asthma.

1. Method of use to remove stone from kidney and gall bladder:

10-12g Dry the flowers alongwith buds in shadow now boil these dried flowers and Buds in 1 cup of water (i.e 150 mL) and add 2g of Soonph,boil till water is reduced to half and add ½ cup of Arq Kashni. Drink that after cooling twice a day. Stones will be removed with 25-40 days.